## POPE FRANCIS' SUGGESTED NEW YEAR'S RESOLUTIONS

Have you made any New Year's resolutions? If not, there's still time, and Pope Francis has some ideas that he called upon Vatican employees to do.

- Take care of your spiritual life, your relationship with God, because this is the backbone of everything you do and everything you are.
- Take care of your family life, giving your children and loved ones not just money, but most of all your time, attention and love.
- Take care of your relationships with others, transforming your faith into life and your words into good works.
- Be careful how you speak, purify your speech of offensive words, vulgarity and worldly decadence. Make sure your life is about Jesus.
- Heal wounds of the heart with the oil of forgiveness, forgiving those who have hurt you and medicating the wounds you have caused others.

- Look after your work, doing it with enthusiasm, humility, competence, passion and with a spirit that knows how to thank God.
- Be careful of any feeling that devours interior peace and transforms you into a destroyed and destructive person.
- Watch out for anger that leads to vengeance; for laziness that leads to existential euthanasia; for pointing the finger at others, which leads to pride; and for complaining continually, which leads to desperation.
- Take care of brothers and sisters who are the elderly, the sick, the hungry, the homeless and the stranger.
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### Parish Contact Information:

3519 North 14th Street, Saint Louis, MO 63107-3734 Ph: 314.241.9165 www.mhtstl.org

### Most Holy Trinity Catholic School and Academy (K-8): 1435 Mallinckrodt

St. Louis, MO 63107 Ph: 314.231.9014 Dr. Syreeta Holland, Principal

### Food Pantry/Utility Assistance:

Provided by OLPH Food Pantry/ St. Vincent de Paul. Serves residents of zip 63107, 63115 and 63147. OPEN: Tuesday, Thursday, Saturday from 9am-noon, located on 4335 Warne Ave. 314.535.9794.

Note: phone answered only during operating hours. For information on donating or volunteering, please go to www.helpstlouis.org.

### Parish Leadership/Staff:

F. Tim Cook Canonical Pastor

F. Rich Creason Pastor Emeritus

F. Marty Mannion Sacramental Minister

S. Janice Munier, SSND Parish Life Coordinator sjanice@mhtstl.org Mr. Paul Hasser Music Director hasserpj@gmail.com

S. Gail Guelker, SSND Mission Advancement gail@mhtstl.org

Mrs. Mary Busciglio Office Manager

#### **Bulletin Staff:**

Jean Lopez Janice Munier, SSND Joyelle Proot, SSND

# Most Holy Trinity Parish

mhtstl.org | SECOND SUNDAY IN ORDINARY TIME | JANUARY 19, 2020

I make you a light to the nations. that my salvation will reach to the ends of the earth.

Isaiah 49:3, 5-6



Reflection: Mary Sue Berg, SSND; Design: Joyelle Proot, SSND



We are a people graced by God, who come together as a community of faith, supporting each other as we live and celebrate the Good News of Jesus Christ.

Parish Mass Schedule: 4 PM Saturday Mass/Eucharistic Prayer Service in Rectory Chapel
9:30 AM Sunday in Church | 9:15 AM Wednesday School Mass in Church (during school year)

I make you a light to the nations, That my salvation will reach to the ends of the earth. – Isaiah 49:3-6

As God forms Isaiah from his mother's womb to be a prophet and a "light to the nations," so are we called to be the "light to the nations," revealing the Christ in us to all those we meet.



We are united as Christians through baptism, and we are sealed by the Holy Spirit who protects and guides us throughout our lives. What a grace it is take each step accompanied by the Holy Spirit!

How am I a light for all nations?

Loving God, you made us glorious in your sight. You choose us. We tell all the ends of the earth of your saving love.

- Sister Janice

### HAPPY BIRTHDAY, DR. MARTIN LUTHER KING, JR, VISIONARY OF THE BELOVED COMMUNITY

Born January 15, 1929 Dr. Martin Luther King, Jr. shared many visions for a better world, including his concept of the Beloved Community. Dr. King's Beloved Community, is a global vision in which all people share the wealth of the earth. In the Beloved Community, poverty, hunger and homeless are not tolerated because international standards of human decency do not allow it. Racism, all forms of discrimination, bigotry and prejudice will be replaced by an all-inclusive spirit of sisterhood and brotherhood.

Together we reflect on Dr. King's vision of the Beloved community for our world today.

#### STEWARDSHIP 1/2/2020

\$ 580.00 Parishioner Envelopes 26.00 Cash Contributions

\$ 606.00 Total – Thank you!



**Sunday, January 19, 9:30 am** Bob and Virginia Stinson

Wednesday, January 22, 9:30 am Joanne George

**Saturday, January 25, 4:00 pm** Bob & Virginia Stinson

### **LITURGICAL ROLES:**

Saturday, January 25, 4:00 pm

Lector/ Eucharistic Minister: Gail Guelker. SSND

Sunday, January 26, 9:30 am

First Lector: Melita Long Second Lector: Carol Nowak

Eucharistic Ministers

Rochelle Jones Nancy Lemond
Donna Lindsay Ann Russek

Acolyte: Patty Whaley

PLEASE PRAY FOR HEALING FOR: Helen Barber, Vickie and Ed Deason, Mary Green, Mary Lee Howard, Joetta Lukowski, John Towles, Ethel Long, Diana Schmidt, Tom George (a donor), Michael Lemond, and the needs of the Tracy and Usanga family

A FUNERAL MASS for George N. Lindsay, Jr. was celebrated on Tuesday, January 11. George was baptized at Holy Trinity and attended school here. George is the brother of the late Lester Lindsay. May God grant him eternal rest and give comfort to his wife, Christine, his children, Samantha and George and to all the family. Our prayers are with them.

**CHRISTMAS DECORATIONS** will be taken down after Mass this morning. Please stay to help prepare our church for Ordinary Time.

### **NEIGHBORHOOD ASSOCIATION MEETING:**

Saturday, January 25, at 11:00 in the Rectory. All are invited

**FATHER RICH'S BIRTHDAY** is Sunday, January 26. All are invited be with him at St. Agnes Home, 10341 Manchester Rd. St. Louis, Mo 63122 to gather at 4:00 for a birthday blessing and refreshments. Enter at the Main Entrance.

**FISH FRY MEETING** Thursday, January 30 at 1:30. Your time and talent ensure another successful fish fry season.

**RETREAT FOR MEN** sponsored by the Archdiocese of St. Louis, February 1 at Touhill Performing Arts Center. Register at *catholicmenforchrist.org* or call Touhill box office 314.516.4949

**RETREAT FOR WOMEN** sponsored by the Archdiocese of St. Louis, March 7 at Touhill Performing Arts Center. Register at *catholicwomenforchrist.org* or call Touhill box office 314.516.4949

**ST. LOUIS REVIEW:** Now is the time that subscriptions are sent in to receive the *St. Louis Review*. If you'd like the parish to send your name in at no cost, please sign the form in the back of church. Each week the *St. Louis Review* publishes news about the local and universal Church and provides the Catholic perspective about news in our communities.

PROTECTING GOD'S CHILDREN: The Archdiocese of St. Louis has developed a new system for safe environment compliance called Prevent and Protect STL. Everyone ministering to minors and vulnerable adults (clergy, employees and volunteers) in the Archdiocese are required and asked to register in the new system before December 31, 2020. This includes those new to service and those who are currently in service. For those who have already attended a Protecting God's Children workshop, your previous training data will transfer to this new system. In addition to attending a live Protecting God's Children workshop, all clergy, volunteers, and employees will register for an updated background screening, view two new online training modules on abuse reporting and the Code of Ethical Conduct, and agree to the updated Code of Ethical Conduct. Please go to www.preventandprotectstl.org to register and contact your parish Child Safety Coordinator with any questions or for further assistance.

GINGERBREAD CHURCH: Vanda Langhany gave the following information about her gingerbread creation: She used 36 pounds (12 batches) of gingerbread, about 1000 bricks, 6 large batches of rice Krispy treats, 15 pounds of gum paste. Jolly Roger candy makes the front windows. It took two months for Vanda to make. Snow was for purity and the Nightingale bird was for her favorite Christmas song by Garth Brooks called "The Gift." She is a part-time event and wedding planner, hence the wedding on the side.

## CARRY FORTH THE LIGHT OF CHRIST

from Christmas into Ordinary time

Howard Thurman's poem describes the call to be Christ and share His extraordinary mission.

### **The Work of Christmas**

When the song of the Angels is stilled,
When the star in the sky is gone,
When the kings and princes are home,
When the shepherds are back with their flock,
The work of Christmas begins:

To find the lost,
To heal the broken,
To feed the hungry,
To release the prisoners,
To rebuild the nations,
To bring peace among all,
To make music in the heart.

- Howard Thurman



### **CONGRATULATIONS, SISTER JOYELLE!**

Sister Joyelle's art work, Glory Revealed" was accepted in the Art St. Louis' juried show, "Heaven and Earth." The exhibit opens Saturday, January 18, 2020, with a reception open to the public from 5 to 7 pm at Art St. Louis on 1223 Pine Street. 247 works were submitted. The jurors selected 62 and Sister Joyelle's work is one of the selected pieces.

The jurors for the exhibition were artist, educator and curator Sun Smit-Foret and David Brinker, director of the Museum of Contemporary Religious Art at St. Louis University. Sister Joyelle's words about her work, reveal the grace-filled ministry of the arts. "In considering a title for this piece, I realized the title words, 'Glory Revealed,' describe the mission and heart of every moment, relationship and experience. Our universe is infused with glory and grandeur daily. As an artist, I desire to offer a glimpse of the breath-giving glory that causes us to stand in awe and deep gratitude."

We welcome all who are visiting today! We invite you to join us every Saturday at 4pm & Sunday at 9:30am.