

LENT Opportunities

Every year, Lent provides us with opportunity to look at who we are and where we are — and then do something to become the people we are created to be. Let us enter Lent with thought, reflection and wonder.



Fasting and Abstinence

During Lent, abstinence from meat on Fridays is obligatory in the United States for those 14 and older. Ash Wednesday and Good Friday require a Catholic from the ages of 18-59 to fast, reducing the amount of food eaten from normal.

Rice Bowl

The Catholic Relief Service invites us to help those who suffer hunger, poverty or war to receive food and safety. We support them as the Gospel calls us to do.

Student Mass 9:15, Wednesdays, in church

All are invited to celebrate this mass with the students. This is an opportunity to worship and pray with our children as they lector and sing.

Scripture Study

Come with others. Hold and deepen the living Word of God in your hands and heart. Tuesdays, March 3, 10, 17, 6:00 – 7:00pm in the rectory.

Bread & Soup Supper

Reflection, discussion, and prayer. Guest Speaker, Cheryl Archibald, Parish Life Coordinator at St. Matthew's parish. Tuesday, March 24. 6:00 – 7:30pm in the rectory

Sacrament of Reconciliation

Saturday, March 14 and Sunday, March 15, following the homily. Visiting priests will celebrate this sacrament of mercy and forgiveness which strengthens our entire parish community.

Sacrament of Anointing of the Sick

Saturday, March 28 and Sunday, March 29 during Mass. This sacrament offers spiritual, psychological and emotional consolation, and healing of mind and body.

Stations of the Cross

Tuesday, March 31, 6:00pm in the church. Praying the stations helps us to embrace more deeply the final hours of Jesus' earthly life.

Most Holy Trinity Parish

mhtstl.org | FIRST SUNDAY IN LENT | MARCH 1, 2020

For just as through one person's disobedience, all became sinners, so through one person's obedience, all will become just.

Romans 5:19



Reflection: Jacqueline Buckley, SSND; Design: Joyelle Proot, SSND; Photo: James Griesedieck courtesy St. Louis Jewish Light

Parish Contact Information:

3519 North 14th Street, Saint Louis, MO 63107-3734
Ph: 314.241.9165
www.mhtstl.org

Most Holy Trinity Catholic School and Academy (K-8):

1435 Mallinckrodt St. Louis, MO 63107
Ph: 314.231.9014
Dr. Syreeta Holland, Principal

Food Pantry/Utility Assistance:

Provided by OLPH Food Pantry/ St. Vincent de Paul. Serves residents of zip 63107, 63115 and 63147. OPEN: Tuesday, Thursday, Saturday from 9am-noon, located on 4335 Warne Ave. 314.535.9794. Note: phone answered only during operating hours. For information on donating or volunteering, please go to www.helpstlouis.org.

Parish Leadership/Staff:

F. Tim Cook
Canonical Pastor

F. Rich Creason
Pastor Emeritus

F. Marty Mannion
Sacramental Minister

S. Janice Munier, SSND
Parish Life Coordinator
sjanice@mhtstl.org

Mr. Paul Hasser
Music Director
hasserpj@gmail.com

S. Gail Guelker, SSND
Mission Advancement
gail@mhtstl.org

Mrs. Mary Busciglio
Office Manager

Bulletin Staff:

Ms. Jean Lopez
S. Janice Munier, SSND
S. Joyelle Proot, SSND

MISSION:

We are a people graced by God, who come together as a community of faith, supporting each other as we live and celebrate the Good News of Jesus Christ.

**Parish Mass Schedule: 4 PM Saturday Mass/Eucharistic Prayer Service in Rectory Chapel
9:30 AM Sunday in Church | 9:15 AM Wednesday School Mass in Church (during school year)**

For just as through one person's disobedience, all become sinners, So through one person's obedience, all will become just. – Matthew 5:44-46

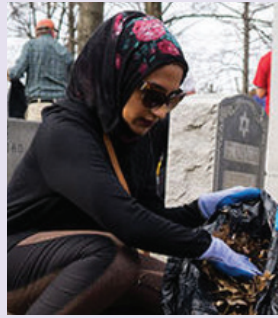
It's not fair! This is often a child's thinking when hearing the story of Adam's and Eve's poor choices.

As adults we know that in family life joys and sorrows are shared with each other. So intense is this bond that what anyone does in the family affects the whole family.

The whole human race experiences the consequences of Adam's and Eve's choices. Every member of their family in receiving the gift of life also share in the weaknesses and strengths.

All of us are one family in Jesus Christ. All of us receive the benefits of Jesus' goodness. The effects of both sin and holiness, are received from our first parents, Adam and Eve. Like Adam we too misuse goodness; in Jesus we become holy. As members of the family grow in holiness, all share in the goodness of everyone. Salvation is shared by everyone; with great love Jesus saves all.

Christ Jesus, you lead all your people to the abundance of life and grace. – S. Janice



LITURGICAL ROLES:

Saturday, March 7, 4:00 pm

Lector: Robin Feeherty

Sunday, Mar 8, 9:30 am

First Lector: Nicky Hoxworth

Second Lector: Meg Reask

Eucharistic Ministers

Vickie Deason Mary Eikmeier
Mike Freymuth Rochelle Jones

Acolyte: Doris Speed

PLEASE PRAY FOR HEALING FOR: Helen Barber, Vickie and Ed Deason, Mary Green, Mary Lee Howard, Joetta Lukowski, John Towles, Ethel Long, Diana Schmidt, Tom George (a donor), Michael Lemond, Brenda Tillman, Mary Meyer, and the needs of the Tracy and Usanga family

MARIE KREMER'S MEMORIAL MASS: Saturday, March the 7th at 11:00. Repast in cafeteria following. May Marie share her new-found joy and peace with us as we celebrate her life and her devotion to us and all of Trinity through her many years.

RICE BOWLS: This is the Catholic Relief Service' Lenten faith-in-action program that invites us to encounter the concerns of the world. It supports those who are forced to flee their homes because of hunger, poverty or to find safety. We support them as the Gospel calls us to do.

HAPPY BIRTHDAY and God's Blessings



MARCH

- 7 Dianne Bowman
Samantha Manno
- 10 Ed Petras
- 22 Ank Ankenrand
- 23 Sister Joyelle Proot, SSND
- 24 Precious Usanga
- 25 Joe Manno
- 25 Sister Joanne Hanrahan, SSND
- 30 Ethel Long

PARISH ASSEMBLY, THE FUTURE OF OUR PARISH SATURDAY AND SUNDAY AFTER MASS, MARCH 7 & 8

The Task Force of the North Side Deanery has asked each parish to make a report about the status of their parish. These reports will be compiled and a recommendation written to the Archbishop concerning the North Side Parishes. We will have an opportunity to read and comment on our final recommendation.

WEEKLY GATHERINGS

- March 3** First Bible Study
Tuesday 6:00 – 7:00, Rectory
- March 5** Mission Advancement Mtg. 6:00, Rectory
- March 5** Preparation for Fish Fry, 5:00, cafeteria

THANK YOU to all who helped us celebrate Black History Month; our speakers, Mike Freymuth, Melita Long, Sisters Janice and Joyelle and Barbara Russell, and all who participated in Martin Luther King's video Beloved Community discussion. Together we strive to create communities grounded in reconciliation, friendship and human dignity.

BLACK AND INDIAN MISSION COLLECTION:

This collection offers help for diocesan communities to build up the Church and preach the Gospel of Jesus among the African American, Native American, and Alaska Native people of God.

DAYLIGHT SAVINGS TIME: Next Sunday, March 8 Set clocks forward and join our celebrative Sunday worship.



LENTEN BIBLE STUDY: As we study Matthew 17:1-9 we know that just as Jesus was transfigured in radiant light before the disciples, he also desires to fill and surround us with light and joy. Come with others. Hold and deepen the living Word of God in your hands and heart. Tuesday, March 3, 6:00 – 7:00. Bibles provided.

THE INVITATION TO FORTY DAYS

This week we respond to the invitation of Jesus to enter fully into the Lenten season. We hear these words on Ash Wednesday, "Return to God with your whole heart." How will we respond?

Jesus goes into the desert to experience and realize what is essential for his life. Let us also use this time to restore balance to our life, to choose what is essential for conversion in greater love.

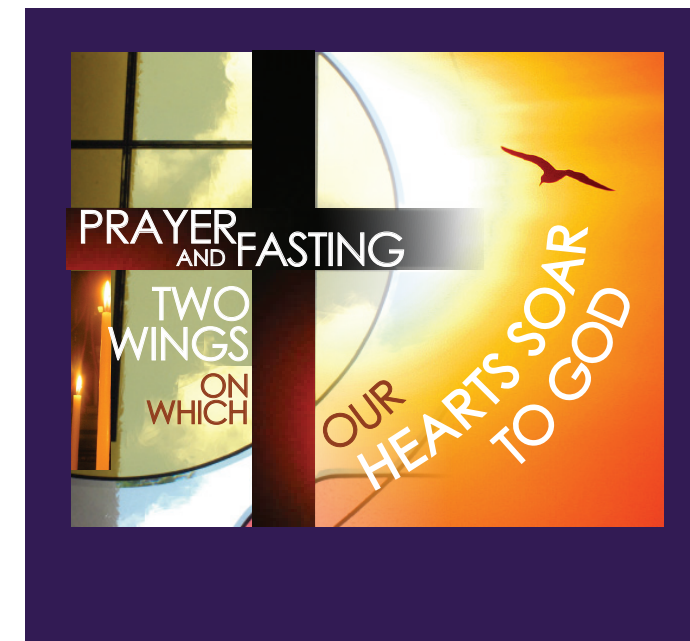
This reflection offers insight about what gives us life each day.

We reach home in many ways; Music, art, desert, forest, sunrise, solitude... Whatever revivifies balance is what is essential. That is home.

– Clarissa Pijnkola Estes

BLESSING

Our loving God shows you
How to be frugal and generous, till all are fed;
How to weep and rejoice, till all laugh;
How to be meek and confident, till all stand in pride;
How to mourn and empathize, till all are comforted;
How to be restless and reflective, till all are comforted;
How to claim less and share more, till all find justice.
Then you are blessed indeed
and the earth itself, is already blessed through you. (Peter Millar; adapted)



STEWARDSHIP 2/23/2020

\$ 752.00 Parishioner Envelopes
138.00 Cash Contributions
\$ 890.00 Total – Thank you!

MASS INTENTIONS

Sunday, March 1, 9:30 am
Feldhaus Family & Richard Kellett

Wednesday, March 4, 9:30 am
Feldhaus Family

Saturday, March 7, 4:00 pm
Jack & Duff Trebilcock

COME AND ENJOY OUR DELICIOUS FISH FRY!

March 6, 13, 20, 27, April 3 | 11:30 am - 6:30 pm
Dine in or carry out. | Prices range from \$5-\$9

Deliveries are available with lunch orders of ten or more. Must preorder on Thursday 9:00 am - 4:00 pm, 314.241.9165

PARISH COUNCIL MEETING AFTER MASS THIS MORNING. Agendas are available on the back table to pick one up.



We welcome all who are visiting today!
We invite you to join us every Saturday at 4pm & Sunday at 9:30am.