

# Soup & Bread Dinner

## with Reflection and Prayer

The  
**EMPTY  
BOWLS**  
Blessing

☪ Thank you

for emptying our hearts of  
indifference and pride so that we  
can be filled with compassion  
and mercy for others

☪ Thank you

for emptying our heads of fears  
and myths about poverty so that  
we can be filled with courage  
and vision for peace.

☪ Thank you

for emptying the bowls of our  
overflowing lives so that we  
can be filled with a desire to work for  
truth and justice.

☪ Thank you

for all these hungers that make  
us mindful of the needs of  
others.

**TUESDAY, MARCH 24, 2020**

Guest speaker: Cheryl Archibald, Parish Life  
Coordinator at St. Matthew's Church

Topic: John 11: 1-45 All the Joy You Cannot See

Rectory: 6:00 pm - 7:30 pm

Potluck: You are invited to bring soup or bread to  
share *Please sign the paper in the back of church  
if you will bring a pot of soup or bread.*



**Parish Contact  
Information:**  
3519 North 14th Street, Saint  
Louis, MO 63107-3734  
Ph: 314.241.9165  
www.mhtstl.org

**Most Holy Trinity Catholic  
School and Academy (K-8):**  
1435 Mallinckrodt  
St. Louis, MO 63107  
Ph: 314.231.9014  
Dr. Syreeta Holland, Principal

**Food Pantry/Utility Assistance:**  
Provided by OLPH Food Pantry/  
St. Vincent de Paul.  
Serves residents of zip 63107,  
63115 and 63147.  
OPEN: Tuesday, Thursday,  
Saturday from 9am-noon,  
located on 4335 Warne Ave.  
314.535.9794.  
Note: phone answered only  
during operating hours. For  
information on donating or  
volunteering, please go to  
www.helpstlouis.org.

**Parish Leadership/Staff:**  
F. Tim Cook  
Canonical Pastor  
  
F. Rich Creason  
Pastor Emeritus  
  
F. Marty Mannion  
Sacramental Minister  
  
S. Janice Munier, SSND  
Parish Life Coordinator  
sjanice@mhtstl.org

Mr. Paul Hasser  
Music Director  
hasserpj@gmail.com

S. Gail Guelker, SSND  
Mission Advancement  
gail@mhtstl.org

Mrs. Mary Busciglio  
Office Manager

**Bulletin Staff:**  
Ms. Jean Lopez  
S. Janice Munier, SSND  
S. Joyelle Proot, SSND

# Most Holy Trinity Parish

mhtstl.org | THIRD SUNDAY IN LENT | MARCH 15, 2020

God said to Moses,  
"Strike the rock, and the water will flow from it...."

Exodus 17: 3-7

who are those thirsting for the Holy?



How will I live my love for God  
in the way I respond to others,  
respond to others today

Reflection & Design: Joyelle Proot, SSND

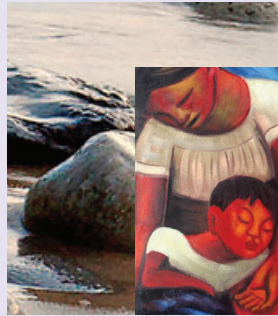
## MISSION:

We are a people graced by God, who come together as a community of faith, supporting each other as we live and celebrate the Good News of Jesus Christ.

**Parish Mass Schedule: 4 PM Saturday Mass/Eucharistic Prayer Service in Rectory Chapel  
9:30 AM Sunday in Church | 9:15 AM Wednesday School Mass in Church (during school year)**

**God said to Moses, "Strike the rock, and the water will flow from it..."** – Exodus 17: 3-7

Experiencing lack of food and water in the desert the Israelites complained to Moses: "Is God in our midst or not?" God was in their midst. However, their grumbling and complaining blinded them to experiencing God's presence.



We, too, thirst for healing, for an end to oppression and hatred. We thirst for forgiveness, for acceptance and meaning in our lives. We thirst for God.

As we enter a place in our being where we meet God, the water of God's love, mercy, goodness flows into us and graciously spills into the life of those we meet.

In our Lenten journey, we are challenged to meet God in our midst and share God's goodness with all.

Is God in our midst? Whether the question is asked by Moses or by the people, the answer for all is: **"Yes! Amen!"**

S. Janice

**LITURGICAL ROLES:**

**Saturday, March 21, 4:00 pm**

Lector: Hazel Hosea

**Sunday, March 22, 9:30 am**

First Lector: Mattie Patterson

Second Lector: Barbara Russell

*Eucharistic Ministers*

Hattie Towles Michelle Towles

Sheila Bone Vickie Deason

*Acolyte:* Ank Ankenbrand

**PLEASE PRAY FOR HEALING FOR:** Helen Barber, Vickie and Ed Deason, Mary Green, Mary Lee Howard, Joetta Lukowski, John Towles, Ethel Long, Diana Schmidt, Tom George (a donor), Michael Lemond, Brenda Tillman, Mary Meyer, and the needs of the Tracy and Usanga family

**WEEKLY GATHERINGS**

**Tuesday, March 17** Bible Study, Rectory 6:00 pm

**Thursday, March 19** Prep for Fish Fry, 5:00 pm Cafeteria

**Saturday, March 21** St. Paul's and Trinity's Volunteers Rectory & Garden, 9:00 am – Noon



**LENTEBIBLE STUDY:** As we consider John 9:1-41 we ask the God of light to illuminate our minds and hearts, that Christ's light open our eyes, open us to live and love abundantly. We are invited to be the light of Christ to those who walk in darkness. Come with others. Hold and deepen the living Word of God in your hands and heart. Tuesday, March 17, 6:00 – 7:00 pm rectory. Bibles provided.



**STEWARDSHIP 3/8/2020**

\$ 1,765.00 Parishioner Envelopes

113.00 Cash Contributions

**\$ 1,878.00 Total – Thank you!**

**CROSS MASS INTENTIONS**

**Sunday, March 15, 9:30 am**

Jack & Duff Trebilcock

**Saturday, March 21, 4:00 pm**

Jack & Duff Trebilcock

**We welcome all who are visiting today!**

We invite you to join us every Saturday at 4pm & Sunday at 9:30am.

**COME AND ENJOY OUR DELICIOUS FISH FRY!**

**March 20, 27, April 3 | 11:30 am - 6:30 pm**

Dine in or carry out. | Prices range from \$5-\$9

**Deliveries are available with lunch orders of ten or more.**

**Must preorder on Thursday 9:00 am - 4:00 pm, 314.241.9165**



**MARCH 17- FEAST OF ST. PATRICK**

Patrick recognized God's call to Ireland. He studied for the priesthood. Later he was ordained a bishop and sent to Ireland. His mission there lasted 30 years. During that time he established monasteries, churches and schools throughout Ireland. He died Mar 17, 461 A.D.



**MARCH 19 – FEAST OF ST. JOSEPH**

Since Joseph is not recorded in Jesus' public life, historians believe Joseph probably died before Jesus entered public ministry. Joseph is the patron of a happy death because he likely died with Jesus and Mary at his side. May we also be surrounded by loved ones when we leave earth and enter eternal life.

loved ones when we leave earth and enter eternal life.

**ARCHDIOCESE PRECAUTIONARY MEASURES TO LIMIT THE SPREAD OF THE CORONAVIRUS:**

Most Holy Trinity parish will follow the guidelines given by Archbishop Carlson

**Our Father:** Link arms instead of joining hands

**Sign of peace:** Share words, "Peace be with you."

**Communion:** Receive the consecrated host only in hand. Suspend distribution of the consecrated wine.

**Illness:** In time of illness, there is no obligation to attend Mass.



**PREPARATION FOR THE SACRAMENT OF RECONCILIATION**

The sacrament of Reconciliation readies us for the celebration of Easter and Christ's resurrection. Following the homily there is an opportunity for all to celebrate the sacrament of forgiveness. We are

invited to celebrate God's gift of mercy and compassion, free and abundant. The celebration of reconciliation is more than an individual celebration, it strengthens our entire parish community.

**A Simple Guide to the Celebration of the Sacrament of Reconciliation**

1. GREETING  
The priest greets us and we pray the Sign of the Cross. We trust God's healing love.
2. CONFESS  
We name our sins. The priest listens.
3. PENANCE  
Penance is an act of kindness or prayers to pray.
4. CONTRITION  
The priest asks us to express our sorrow praying the following act of contrition or express contrition in our own words. Example of an Act of Contrition:

*My God, I am sorry for my sin with all my heart. In choosing to do wrong and failing to do good, I have failed to love you. I firmly intend, with your help, to do penance, to sin no more, and to avoid evil.*

5. ABSOLUTION  
The priest says, "I absolve you from your sins in the name of the Father, and of the Son, and of the Holy Spirit." We respond "Amen."
6. GOING FORTH  
"Go in peace and joy."