

Soup & Bread Dinner

with Reflection and Prayer

The EMPTY BOWLS Blessing

 Thank you

for emptying our hearts of
indifference and pride so that we
can be filled with compassion
and mercy for others

 Thank you

for emptying our heads of fears
and myths about poverty so that
we can be filled with courage
and vision for peace.

 Thank you

for emptying the bowls of our
overflowing lives so that we
can be filled with a desire to work for
truth and justice.

 Thank you

for all these hungers that make
us mindful of the needs of
others.

WEDNESDAY, MARCH 23, 2022

Topic: Grace and courage, Servant of God, Thea Bowman

Reflection: the sharing of our stories

Rectory: 5:30 – 7:00 pm

Potluck: You are invited to bring soup or bread to share
Please sign the paper in the back of church if you will bring a pot of soup or bread.



Parish Contact Information: 3519 North 14th Street | Saint Louis, MO 63107-3734 | Ph: 314.241.9165 | www.mhtstl.org

Parish Leadership/Staff:

S. Janice Munier, SSND
Parish Life Coordinator
sjanice@mhtstl.org

Mrs. Mary Busciglio
Office Manager

Mr. Paul Hasser
Music Director
hasserpj@gmail.com

S. Gail Guelker, SSND
Mission Advancement
gail@mhtstl.org

Bulletin Staff:

Ms. Jean Lopez
S. Janice Munier, SSND
S. Joyelle Proot, SSND

Sunday Presiders:

First Sunday: Father Gerry Kleba
Second Sunday: Father Tom Melancon
Third Sunday: Father Aidan McDermott
Fourth Sunday: Father Dan Kearns

Rite of Christian Initiation (RCIA), Preparations for Baptism, Confirmation, Marriage: Contact Sister Janice at 314.241.9165

Food Pantry/Utility Assistance:

Provided by OLPH Food Pantry/St. Vincent de Paul. | Serves residents of zip 63107, 63115 and 63147.

OPEN: Tuesday, Thursday, Saturday from 9am-noon, located on 4335 Warne Ave. 314.535.9794.

Note: phone answered only during operating hours. For information on donating or volunteering, please go to www.helpstlouis.org.

Most Holy Trinity Parish

mhtstl.org | THIRD SUNDAY IN LENT | MARCH 20, 2022

*all our ancestors were under a cloud
...all passed through the sea
all were baptized...*

1 Corinthians 10:1-6;10-12



Reflection & Design: Joyelle Proot, SSND

MISSION:

We are a people graced by God, who come together as a community of faith, supporting each other as we live and celebrate the Good News of Jesus Christ.

Parish Mass Schedule: 9:30 AM Sunday

**all our ancestors were under a cloud ...
all passed through the sea
all were baptized...**

– Luke 9

St. Paul recognized that our ancestors possessed courage and grace as they passed through the desert and the sea. When they arrived at their destination, they realize that God is with them all along. They



were baptized believing that God is always present among them. Isn't this our life also? Remembering we are one in Christ through Baptism, we celebrate the gifts of God's grace and courage making all things new every day.

When we neglect to faithfully live our baptismal promises, God invites us to renew our commitment. As we approach the Sacrament of Reconciliation with an open and sincere heart, we are offered a divine encounter with the risen Christ.

Reflection: Give God your longing to be fully you. Once you are refreshed in God's nourishment, be always the person made new in vibrant grace.

We pray: May we live reconciliation each day in our families, city, country, and world.

– Sister Janice

UNITED IN PRAYER FOR UKRAINE:

God of peace and justice,

We pray for and with the people of Ukraine.

We pray for peace and the laying down of weapons.

We pray for all those who fear tomorrow, that your Spirit of comfort draw near to them.

We pray for and with those with power over war or peace, for wisdom, discernment, and compassion to guide their decisions.

We pray for and with your precious children, at risk and in fear, that you hold and protect them.

We pray in the name of Jesus, the Prince of Peace.

Amen

– Archbishop of Canterbury, Justin Welby,
Archbishop of York, Stephen Cottrell

CELEBRATION OF LIFE: CHARLENE EVANS Sunday, April 27, 2022

We remember Charlene as a fully engaged member of Most Holy Trinity parish. Faithfully, every Sunday, we see her sitting on the left side of church in the fourth pew. When the food pantry was located in Holy Trinity rectory, she was a worker we counted on every week, so dedicated to giving others life-giving food and household items. Only her illness in recent years, kept her away from being in church with us. As promised in Baptism, she is welcomed home to the glory of God forever. We offer our sympathy to the Evans family in the passing of Charlene. May her family and friends be comforted in the assurance of God's gracious goodness and love. We, Charlene's faith community, pray this final commendation for her:



With faith and hope in eternal life, we commend Charlene to the loving mercy of our faithful God. May Charlene be welcomed at the table with all of God's daughters and sons, with all of God's saints. May she inherit the gift of eternal life in peace and joy. May we be reunited with Charlene one day. Together may we meet Christ Jesus when he, who is our life, shall appear in glory.



Loving God, you sent your Son, Jesus, the first Evangelizer of the Good News. Send forth the power of the Holy Spirit upon the Church of St. Louis and grant us the gift of true discernment so we may do your will in all things.

– Archdiocese of St. Louis

SUNDAY, APRIL 2: Rite of Intent for confirmation of Adrian Stillman. Adrian will share with our faith community, his desire for Confirmation. The assembly responds with affirmation, support and welcome.

Adrian's sponsor, Rhonda Siemer, will companion him in the journey of the deepening of his Baptismal call and his desire to be one with the Church.

PREPARATION FOR THE SACRAMENT OF RECONCILIATION

The sacrament of Reconciliation readies us for the celebration of Easter and Christ's resurrection. Following the homily there is an opportunity for all to celebrate the sacrament of forgiveness. We are invited to celebrate God's gift of mercy and compassion, free and abundant. The celebration of reconciliation is more than an individual celebration, it strengthens our entire parish community.

A Simple Guide to the Celebration of the Sacrament of Reconciliation

- 1. GREETING**
The priest greets us and we pray the Sign of the Cross. We trust God's healing love.
- 2. CONFESS**
We name our sins. The priest listens.
- 3. PENANCE**
Penance is an act of kindness or prayers to pray.
- 4. CONTRITION**
The priest asks us to express our sorrow praying the following act of contrition or express contrition in our own words. Example of an Act of Contrition:
My God, I am sorry for my sin with all my heart. In choosing to do wrong and failing to do good, I have failed to love you. I firmly intend, with your help, to do penance, to sin no more, and to avoid evil.
- 5. ABSOLUTION**
The priest says, "I absolve you from your sins in the name of the Father, and of the Son, and of the Holy Spirit."
We respond "Amen."
- 6. GOING FORTH**
"Go in peace and joy."



We welcome all who are visiting today!
We invite you to join us every Sunday at 9:30am.

PLEASE PRAY FOR: Ed Deason, Tom George, Mary Lee Howard, Ethel Long, Joetta Lukowski, Ryan McNair, Mary Meyer, Sharon Morrow, James Smith, John Towles, and the Tracy and Usanga families.

SUNDAY, MARCH 20, 9:30 AM

Presider: Father Dan Kearns

SUNDAY, MARCH 27, 9:30 AM

Presider: Father Aidan McDermott

Lector: Carol Nowak

Eucharistic Minister: Brenda Tillman

STEWARDSHIP: 3/13/22: \$1,500.00

 **MASS INTENTION**

Sunday, March 20, 9:30 am: Michael Lemond, Jr.