

LENT Opportunities

Every year, Lent provides us with opportunity to look at who we are and where we are — and then do something to become the people we are created to be. Let us enter Lent with thought, reflection and wonder.



Fasting and Abstinence

During Lent, abstinence from meat on Fridays is obligatory in the United States for those 14 and older. Ash Wednesday and Good Friday require a Catholic from the ages of 18-59 to fast, reducing the amount of food eaten from normal.

Rice Bowl

The Catholic Relief Service invites us to help those who suffer hunger, poverty or war to receive food and safety. We support them as the Gospel calls us to do.

Student Mass 9:15, Wednesdays, in church

All are invited to celebrate this mass with the students. This is an opportunity to worship and pray with our children as they lector and sing.

Scripture Study

Come with others. Hold and deepen the living Word of God in your hands and heart. Tuesdays, March 10, 17, 6:00 – 7:00pm in the rectory.

Bread & Soup Supper

Reflection, discussion, and prayer. Guest Speaker, Cheryl Archibald, Parish Life Coordinator at St. Matthew's parish. Tuesday, March 24. 6:00 – 7:30pm in the rectory

Sacrament of Reconciliation

Saturday, March 14 and Sunday, March 15, following the homily. Visiting priests will celebrate this sacrament of mercy and forgiveness which strengthens our entire parish community.

Sacrament of Anointing of the Sick

Saturday, March 28 and Sunday, March 29 during Mass. This sacrament offers spiritual, psychological and emotional consolation, and healing of mind and body.

Stations of the Cross

Tuesday, March 31, 6:00pm in the church. Praying the stations helps us to embrace more deeply the final hours of Jesus' earthly life.

Most Holy Trinity Parish

mhtstl.org | SECOND SUNDAY IN LENT | MARCH 8, 2020

*This is my Own, my Beloved
on whom my favor rests.*

Matthew 17:5

blessing
kindness

Beloved

bright
cloud

LISTEN

"For I was hungry and you gave me food, I was thirsty and you gave me drink, I was a stranger and you welcomed me," Matthew 25:35
"Give me your tired, your poor, Your huddled masses yearning to breathe free..." Bernice S. Warren

Reflection: Ethel Marie Biri, SSND; Design: Joyelle Proot, SSND

Parish Contact Information:

3519 North 14th Street, Saint Louis, MO 63107-3734
Ph: 314.241.9165
www.mhtstl.org

Most Holy Trinity Catholic School and Academy (K-8):

1435 Mallinckrodt St. Louis, MO 63107
Ph: 314.231.9014
Dr. Syreeta Holland, Principal

Food Pantry/Utility Assistance:

Provided by OLPH Food Pantry/ St. Vincent de Paul. Serves residents of zip 63107, 63115 and 63147. OPEN: Tuesday, Thursday, Saturday from 9am-noon, located on 4335 Warne Ave. 314.535.9794. Note: phone answered only during operating hours. For information on donating or volunteering, please go to www.helpstlouis.org.

Parish Leadership/Staff:

F. Tim Cook
Canonical Pastor

F. Rich Creason
Pastor Emeritus

F. Marty Mannion
Sacramental Minister

S. Janice Munier, SSND
Parish Life Coordinator
sjanice@mhtstl.org

Mr. Paul Hasser
Music Director
hasserpj@gmail.com

S. Gail Guelker, SSND
Mission Advancement
gail@mhtstl.org

Mrs. Mary Busciglio
Office Manager

Bulletin Staff:

Ms. Jean Lopez
S. Janice Munier, SSND
S. Joyelle Proot, SSND

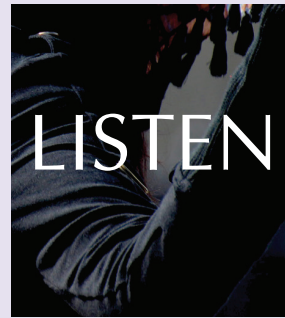
MISSION:

We are a people graced by God, who come together as a community of faith, supporting each other as we live and celebrate the Good News of Jesus Christ.

**Parish Mass Schedule: 4 PM Saturday Mass/Eucharistic Prayer Service in Rectory Chapel
9:30 AM Sunday in Church | 9:15 AM Wednesday School Mass in Church (during school year)**

**This is my Own, my Beloved
on whom my favor rests.**
– Matthew 17:5

We are invited to hear these words in our heart. They are directed to each of us. “You are my own, my beloved (we put our name in) my favor rests on you.” Is this too much to accept that our loving God would say this to us?



What a challenge for us to believe we are the beloved of God! Yet that is what we are, each one of us. In gratitude let us affirm God's steadfast love in the morning and God's faithfulness through the night.

This week, may our ears echo with this refrain: “You are my Beloved.”

S. Janice

LITURGICAL ROLES:

Saturday, March 14, 4:00 pm

Lector: Bob Schnell

Sunday, March 15, 9:30 am

First Lector: Carol Nowak

Second Lector: Kenneth Patterson

Eucharistic Ministers

Nancy Lemond Ann Russek

Sharon Ryan Doris Speed

Acolyte: Ank Ankenbrand

PLEASE PRAY FOR HEALING FOR: Helen Barber, Vickie and Ed Deason, Mary Green, Mary Lee Howard, Joetta Lukowski, John Towles, Ethel Long, Diana Schmidt, Tom George (a donor), Michael Lemond, Brenda Tillman, Mary Meyer, and the needs of the Tracy and Usanga family

REMEMBERING MARIE

Thank you to everyone who made the celebration of Marie Kremer's life a remembrance of her vitality, her love of music and her faithfulness to Most Holy Trinity parish. Marie's favorite sentence was in song: Jesus Christ yesterday, today and forever. We gathered in gratitude for Marie's giftedness, which has touched all of us.

RICE BOWLS: This is the Catholic Relief Service' Lenten faith-in-action program that invites us to encounter the concerns of the world. It supports those who are forced to flee their homes because of hunger, poverty or to find safety. We support them as the Gospel calls us to do.

WEEKLY GATHERINGS

Tuesday, March 10 Bible Study, 6:00 – 7:00 pm, Rectory

Thursday, March 12 Preparation for Fish Fry 5:00 pm cafeteria

Saturday, March 14 Clean up Rectory by St. Raphael's Parish volunteers joining with all of us.

Sacrament of Reconciliation after the Liturgy of the Word

Sunday, March 15 Sacrament of Reconciliation after the Liturgy of the Word

SATURDAY, MARCH 14 ST. RAPHAEL'S HELP

Please come, help and meet St. Raphael's parish members who generously offer their help and a large dumpster for the day's clean-up activity. The basement and the attic have lots to be discarded. Gratefully we welcome their assistance. They also have provided new lighting for our rectory chapel. Meet and greet these generous volunteers!

SATURDAY, MARCH 14, SUNDAY, MARCH 15 SACRAMENT OF RECONCILIATION

follows the homily. Celebrating this sacrament of mercy and forgiveness strengthens our entire parish community. Visiting priests will be available.

SUNDAY, MARCH 22, TESTIMONIAL DINNER AND AUCTION

Susan and Ank Ankenbrand will be recognized for their loving and generous service to our parish community. Most Holy Trinity parish is blest by their generosity shared with all.



LENTEN BIBLE STUDY: As we study John 4:5-42 we read about a messy life turned into a masterpiece. Every life gets messy at times; whether it's a messy home or a messy situation, God restores us and uses us. In this study we learn that God uses broken people, restores broken hearts and provides grace to live in the hard moments of life. Come with others. Hold and deepen the living Word of God in your hands and heart. Tuesdays, March 10, 17, 6:00 – 7:00pm in the rectory.

COME AND ENJOY OUR DELICIOUS FISH FRY!

March 13, 20, 27, April 3 | 11:30 am - 6:30 pm

Dine in or carry out. | Prices range from \$5-\$9

**Deliveries are available with lunch orders of ten or more.
Must preorder on Thursday 9:00 am - 4:00 pm, 314.241.9165**

ENCOUNTERS WITH GOD

In Jesus's transfiguration heavenly glory exudes from this scene. It is a vision filled with light, radiant robes, Old Testament heroes and a voice from heaven. Jesus' desire is to give hope to the apostles by showing what awaits them. God breaks through the bounds of the present moment. May we be awake to these encounters in our life each day.

O
Christ,
let us see.
Let us find you

shining
like our sun;
in the silver of a moon;
migrating geese; in
the evening sky;
the spider's
web;
workers, coffee growers,
crossing guards,
in the homeless.

Let everyone and every place
reveal
the glow of your
Godly, earthly
presence.
Let us find your glory
in all.

SLU Center for Liturgy



We welcome all who are visiting today!

We invite you to join us every Saturday at 4pm & Sunday at 9:30am.