

# Most Holy Trinity Parish

mhtstl.org | FEAST OF PENTECOST | MAY 31, 2020

**...filled with the breath of the spirit. – John 20: 23**

*As I have been sent, even so I send you.  
...he breathed on them...and then said,  
Receive the Holy Spirit.*

*John 20:21, 22*

We breathe countless times each day. What if we became conscious of God's Spirit within us with each breath we take?

Imagine the life-giving possibilities in being aware of the Spirit pulsating within us. We are empowered with love, kindness, peace, patience, endurance... with all the gifts of the Spirit. Who are the people in our lives with whom we will share this breath of God? Where are the places waiting to be animated by our presence?

Today's feast of Pentecost celebrates that we are sent by the resurrected Christ and challenged to be the mighty wind of the Spirit spreading the Gospel message everywhere.

– S. Janice



Filled with the breath of the Spirit, I am challenged to...

*Reflection: Mary Jo Welter, SSND; Design: Joyelle Proot, SSND*

**WE PRAY FOR:** Helen Barber, Vickie and Ed Deason, Mary Green, Mary Lee Howard, Joetta Lukowski, Mary Meyer, John Towles, needs of the Tracy and Usanga families, and all affected by the COVID-19 pandemic.

**FEAST OF THE TRINITY, SUNDAY, JUNE 7.** Next week we celebrate 172 years of our church and its people of faith. At this Mass we remember all who have enlivened our parish with deep faith, commit-

ment and vision. Generations before us, today's parishioners, and countless benefactors generously help and support us in daily living the mission of Jesus.

## JUNE BIRTHDAYS:

3	Mary Green	14	Trinity Usanga
6	Kaela Young	17	Michael Hart-Russell
	Trayona Moore	24	James Smith
12	Mary Grayson	27	Rochelle Jones

## MISSION:

We are a people graced by God, who come together as a community of faith, supporting each other as we live and celebrate the Good News of Jesus Christ.

### Parish Mass Schedule:

4 PM Saturday Mass/Eucharistic Prayer Service in Rectory Chapel | 9:30 AM Sunday in Church

GOD'S SPIRIT: BREEZE OF LIFE FIRE OF ZEAL LANGUAGE OF LOVE

# SPIRIT GIFTS

The Spirit of God is manifest in countless ways. These seven gifts are significant expressions of the Spirit's presence, activity and power. These gifts are alive in us every moment!

**WISDOM** unites us with God and deepens our longing to love as God loves.

**UNDERSTANDING** guides us beyond only that which is visible in order to grasp the spiritual significance of all creatures and all creation.

**KNOWLEDGE** assists us in discerning where God calls us to faith and action.

**COUNSEL** helps us to know what to do in specific situations so that we might act as God would act.

**COURAGE** strengthens us to stand firm in faith in the challenges of life, in face of fear and difficulties.

**REVERENCE** instills in us the desire to worship God and respond to God's presence in our lives.

**WONDER AND AWE** fill us with gladness in the greatness and glory of God coupled with deep realization of God's Presence within all creatures.

